

# TRICK OR TREAT?

## LIVE NATIVE BOTANIC: FACIAL

**Claire Hay**

**What is it?** Live Native is all about handmade, organic skincare, and was set up two years ago on the Isle of Skye by Vicky Ewbank and her partner Ian Ryder. There are currently 11 products in the range, but the facial is the only treatment available. The products have not been tested on animals and no animal products are used in their production.

**How does it work?** The Live Native approach is to make the client feel completely relaxed to get the most out of the treatment, so this facial doesn't focus solely on the face.

As my feet were immersed in a warm soak of Himalayan salts and rhassoul clay, with drops of stimulating lemongrass and rosemary essential oils, the therapist asked about my health and lifestyle. Once my tootsies were towelled dry, I got comfortable on the bed for a relaxing foot massage and gentle kneading of hands and arms.

The facial itself begins with make-up removal; cleansing and toning follows. A deep-cleansing, antioxidant-rich chocolate and clay mud mask, with 'rejuvenating' etherium gold, was applied next. My neck and décolletage were massaged while the mask absorbed any pollutants, and remineralised

my skin. Mask removed, the skin felt toned and soft.

The ethos behind Live Native is refreshing – if you wouldn't eat it, why would you use it on your skin? The Everybody Every Day moisturiser is used to remove make-up as well as for massage; Essential Woman is a face and body moisturiser and massage lotion.

**Strip off or cover up?** For maximum comfort, you need to get down to your pants, but there are plenty of towels for cover and warmth.

**Does it work?** It was a very soothing treatment and I left feeling calm and relaxed. My skin looked great for the rest of the day.

**Who's it for?** This is for anyone who cares about what they put on their skin and is perfect for those who follow an organic or vegan lifestyle.

**How much does it cost?** £55 for one hour.

*Anthyllis, 30-32 Haymarket Terrace, Edinburgh (0131-313 2001, [www.anthyllis.co.uk](http://www.anthyllis.co.uk)); Live Native, Kyle House Cottage, Kyleakin, Isle Of Skye (01599*

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